

TRAINING PRACTICE NEWSLETTER

Issue Number 1: April 2017

Training to be a GP – what is the journey?

Six years at Medical School to qualify as a doctor

Then :-

Foundation Stage 1 (known as F1) – in hospital

Foundation Stage 2 (known as F2) – may include a GP attachment



GP Registrar training

Three years of GP training :-

ST1/2 = 18 months hospital and 6 months at a GP Practice

ST3 = 12 months in a Medical Practice, eg final year before qualifying as a GP

Who are our current GP Registrars?

- ❖ **Dr Matt Perriam** (ST3) with Dr Andy Goode (Woodcote)
- ❖ **Dr Charlotte Bee** (ST3) with Dr Andy Goode (Woodcote)
- ❖ **Dr Sally Harley** (ST3) with Dr Simon Morris (Goring)
- ❖ **Dr Annie Lea** (ST2) with Dr Pettitt (Goring)
- ❖ **Dr Tanya Leger** (ST2) with Dr Magnusson (Goring)

Who are our Practice GP Registrar Trainers?

Currently, we have four GP Registrar Trainers in the Practice. They are:



Dr Andy Goode



Dr Simon Morris



Dr Simon Pettitt



Dr Anna Magnusson

What additional experience and skills do our GP Trainers have?

Dr Andrew Goode FRCGP (Senior Partner) is an experienced trainer, CSA examiner, appraiser, Coach for the Deanery Professional Support Unit and a Programme Director for the Reading and Newbury VTS scheme.

Dr Simon Morris (Executive Partner) has also been training for many years. He is a CSA examiner and coordinates the teaching of Oxford medical students who regularly visit the Practice.

Dr Anna Magnusson (Salaried GP) has been training for more than 10 years, is a Programme Director for the Reading and Newbury VTS scheme and a coach for the Professional Support Unit.

Dr Simon Pettitt (Partner) has just qualified as a GP Trainer.

How do GPs become Trainers for GP Registrars?

To become a trainer GPs must complete a Post Graduate Certificate in Medical Education. This usually entails a series of residential courses and written submissions over a year. Once they have passed this, the GP and their Practice undergo an 'approval visit' by the deanery.

Trainers have an ongoing commitment to training for their local scheme - they provide teaching for hospital based trainees, visit other training Practices and attend trainer group meetings.

What does a Practice have to provide for a GP Registrar?

- ✓ A supportive and friendly atmosphere to work in
- ✓ A Practice where the training ethos is firmly embedded across all disciplines
- ✓ A dedicated GP trainer
- ✓ A personalised induction programme
- ✓ Weekly tutorials (mainly with their Trainer, but can be on occasions with other members of the Practice team – we have such expertise within our team which the GP Registrar can benefit from)
- ✓ To work as supernumerary (they are not locums!)
- ✓ A well-stocked and pleasant consulting room
- ✓ A well-stocked doctors bag (for home visits)
- ✓ An appropriate level of protected debrief slots in their consultation lists, linked to an identified GP (who also has matching debrief slots in their consultation list)

A Training Practice also has to be inspected by a specialist team of GPs and a Practice Manager every three years (or when there is a new trainer) to ensure that it is an appropriate environment for GP Registrar training.

Why do prospective GP Registrars choose to come and train at the Goring & Woodcote Medical Practice?



- We are a forward-thinking, friendly and welcoming Practice achieving high QOF scores and offering excellent standards of clinical care for our patients, at the heart of two village communities.
- We currently have four trainers (three of whom are very well established), two are Programme Directors for the Reading & Newbury VTS scheme and two are CSA examiners.
- Our team and trainers received excellent feedback on our most recent training assessment visit by HETV.
- Our GP Registrars have well-equipped rooms on both sites.
- We pride ourselves on a team approach to learning with regular multidisciplinary team meetings, Practice meetings and educational lunch-time sessions run for all clinical staff. We are also involved in research.
- Our Practice population includes a mixed population of elderly and families.
- We can offer a range of experience including telephone triage, home visiting, chronic disease clinics, exposure to palliative care in the community, minor ops, joint injections, contraception (including coil and implant fitting) and memory clinics.
- We are a paperless Practice using the EMIS system, Docman and the Lexacom dictation system.
- We have an experienced and highly professional Nursing and HCA team who work together with our patients to manage many of the long-term chronic conditions we see in Primary Care, eg asthma, COPD and diabetes. We are particularly privileged to have our Community Nurses based within our surgeries and able to coordinate care particularly for our elderly and palliative patients.
- Our Practice Manager, has been in post for 11 years now, is highly experienced and thrives on working within a training environment. She is a Practice Manager Inspector for Training Practices in the Thames Valley and is also part of a team at the OCCG (Oxfordshire Clinical Commissioning Group) that helps support and develop failing Practices.
- We have dedicated and loyal reception, administration and dispensing teams who support our Practice and ensure its smooth running!

The GP Registrar Appointment Screen

Appointment screens for GP Registrars are set up in conjunction with their trainer. They usually start off with longer appointment timings with a debrief slot (matched to one with their trainer) after every patient. Once they are confident and experienced, they have shorter consultation timings with debriefs at the end of their list. At the end of their time with us, we would expect an ST3 GP Registrar to be consulting with the same timings as a salaried GP (debrief slots will remain, but will reduce in number as they move towards being a qualified GP).



IMPORTANT

GP Registrars are fully trained doctors with a wealth of knowledge and experience to share with our patients and our team

What happens to GP Registrars once they qualify (at the end of their ST3 placement)?

Newly qualified GPs take up a number of different opportunities once they have finished their training – some even decide that they don't actually want to be GPs after all !! Options open to them include working in the Out of Hours system, being a Partner in a General Practice, working as a salaried GP or as a locum which enables them to experience working life in different Medical Practices. Some decide they



would prefer to work overseas and move to countries such as Australia and New Zealand. The Practice is very fortunate to have two of our ex-GP Registrars as our Partners (namely Ed and Simon P) – a clear illustration that the Practice offers our GP Registrars a great training experience with a great team!!!!

What do all the training terms mean?

- MSF = Multi Source Feedback**
(colleague feedback)
- PSQ = Patient Satisfaction Questionnaire**
(feedback from our patients)
- PDP = Personal Development Plan**
(personalised learning plan)
- CBD = Case-Based Discussion**
(in-depth case reviews)
- COTS = Consultation Observational Tools**
(observed and assessed consultations)
- ESR = Educational Supervisors Review**
(6 monthly review to assess progress)
- CSA = Clinical Skills Exam (ST3)**
- AKT = Multiple Choice Knowledge Test (ST2)**